



# John Rhoades Federal Judicial Center

Schwartz, Carter-Keep, Weinberger

Summer 2015



## Brief Updates

### Got Facility Problems?

...light out  
...too hot  
...too cold  
...carpet stain  
...spilled coffee  
...creepy crawly  
Just Need Help!!!

Keep  
Calm  
and  
Call  
G.S.A.

557-6564

## Save Our Water



If you see any evidence of water leaking, dripping faucets, or running toilets, please contact the GSA Service Desk at 619-557-6564.



### Earth Week E- Recycling Event

The electronic waste recycling event was a smashing success. We had so much material that we had to have multiple trips. Thank you all for your cooperation and support. We collected over 10,706 pounds of material that will never see a landfill. Our next event will be in mid-October.

## HEADLINES

### If You See Something, Say Something

Recent worldwide events have highlighted the need for all employees and visitors to federal facilities to remain ever vigilant concerning suspicious activities. Early identification of suspicious activity can result in preventing a potential attack, saving countless lives and preventing extensive property damage. Any suspicious activity should be immediately reported to the Federal Protective Service, local Law Enforcement, and/or Protective Security Officers (PSO's). The key to reporting is "If You See Something, Say Something".

Suspicious activity or behavior is anything that seems wrong, abnormal or unusual. The suspicious activity examples and indicators in the following sections of this bulletin are common indicators of pre-operational activities associated with attack planning by criminals, terrorists, lone offenders†, Homegrown Violent Extremists (HVE)‡ and some radicalized groups known for engaging in violent activities. Crime and terrorism are constantly evolving and adapting to current mitigation measures employed by law enforcement and other government and private sector entities. Therefore, federal employees, members of the public, as well as our law enforcement and private sector security partners play a critical role in keeping our facilities and communities safe.

Suspicious activity includes, but is not

limited to unattended or out of place vehicles, abandoned items such as backpacks, packages, luggage, mail, elicitation§, physical security or security countermeasure probing, social engineering and hostile surveillance. This list of potential suspicious activities highlights the more notable activities an individual or group of individuals may exhibit.

Almost any criminal or terrorist act involves some degree of pre-operational surveillance of multiple targets in an effort to identify the softest/easiest target where the hostile individual(s) will likely encounter the least resistance and cause maximum damage or disruption. This is a common denominator whether the hostile actor is a motivated criminal, terrorist or lone offender. The timeline of preoperational surveillance varies. For example, a motivated criminal may conduct pre-operational surveillance of a store for only a short period of time, whereas a terrorist may conduct surveillance of multiple targets for months or longer. Regardless of the time frame, these individuals could be exposed and vulnerable to detection during the pre-operational surveillance period.

For immediate reporting of any incidents or suspicious activities, please contact the 24-hour number for FPS noted 1-877-4-FPS-411 (1-877-437-7411).



## Message from GSA's Pacific Rim Regional Administrator Andrew McMahon

Hello. My name is Andrew McMahon and I am the new Regional Administrator for GSA's Pacific Rim Region. I am excited to be serving in this capacity and look forward to working with you to meet the challenges we face as a region.

As our region continues to experience severe drought conditions, GSA remains deeply committed in its efforts to reduce water usage in federal facilities by implementing actionable and cost-effective solutions that conserve our precious water resources. As landlord for the federal government, we play an important role in supporting water conservation efforts in the communities where we live and serve.

In California, one of the states hardest hit by the drought, Governor Brown recently announced the first ever state-wide mandatory water restrictions; ordering cities and towns to reduce water use by 25 percent. For years now, GSA has worked hard to put into place both short and long-

term water reduction strategies that respond to the drought. As a direct result, our facilities in California alone have already reduced water consumption by 25 percent since 2007.

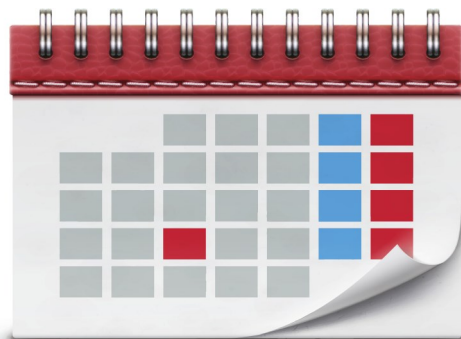
Almost one year after rolling out our Water Adaptation Plan, we continue to achieve significant results by repairing leaking plumbing fixtures; installing aerators and low-flow fixtures; modifying landscaping and custodial practices; and reusing potable water whenever possible.

However, we cannot face the challenges of this drought alone. We need your help. If you see a leaky faucet, report it to building management. If you use the shower facilities, reduce the length of your shower. Take a look at the water usage metrics on page 3 of this newsletter and track your building's performance. We all have a role to play in water conservation and the individual choices we make each day contribute greatly to the larger effort.

### Follow us to learn more

[www.gsa.gov/rq](http://www.gsa.gov/rq)  
[www.facebook.com/gsapacificrimregion](https://www.facebook.com/gsapacificrimregion)  
[www.twitter.com/US\\_GSARq](https://www.twitter.com/US_GSARq)

### Calendar of Events



## JUNE

Flag Day (June 2)  
 D-Day (June 6)  
 Father's Day (June 21)

## JULY

Independence Day (July 4)

## AUGUST

Victory Day (August 10)  
 Women's Equality Day (August 26)

## Update on GSA's Water Adaptation Plan

Last year, GSA Region 9 developed and implemented a Water Adaptation Plan to address and mitigate the impact of the severe drought conditions present in our building portfolio in the American Southwest. The objective of the plan was to find ways for GSA to achieve more efficient water conservation by improving operations at its buildings and facilities.

Specifically, the plan focused on creating the framework to identify no or low-cost water-saving opportunities in our building's landscape irrigation, custodial practices, heating and cooling equipment, kitchen

equipment and water fixtures. Each Field Office worked with their O&M staff to implement the identified water-saving measures and mitigate their impact.

The joint participation by GSA Region 9 staff yielded significant savings for the Region's water usage intensity. Nearly one year later after the plan's implementation, the Region experienced a 13 percent reduction in water usage compared to the same time last year. Furthermore, comparing the usage against the respective baseline year, the GSA owned inventory in California has seen a 32% decrease in gallons per gross square foot.

### Quick Facts

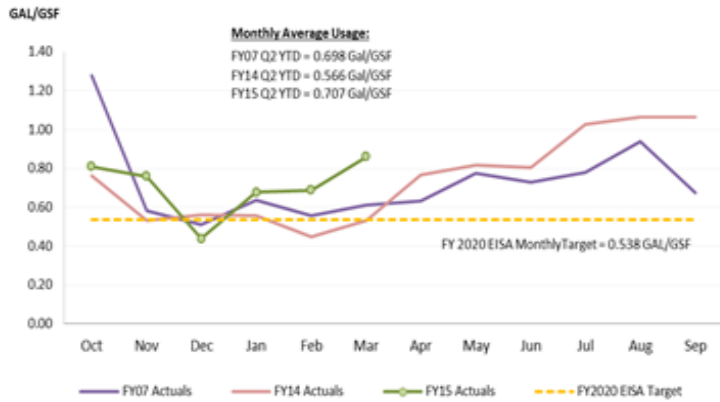
# 2014

Last year was the hottest year on record. All of the ten hottest years have come since 1998, which suggest a trend of increasing global temperatures.

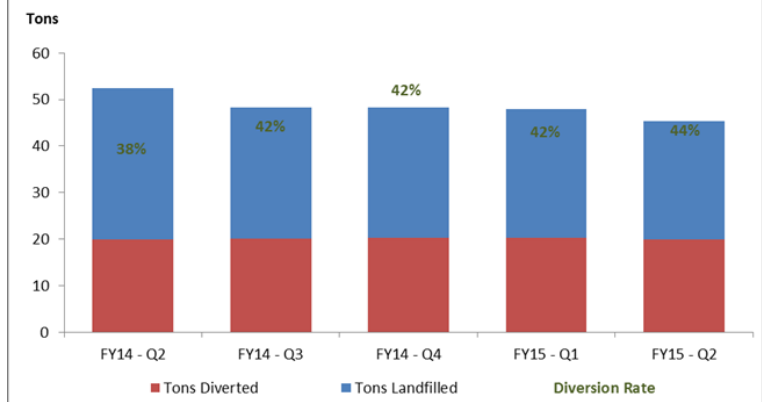
# 0.003%

Percentage of fresh and unpolluted water available world-wide that is safe for drinking, hygiene, agriculture and industry.

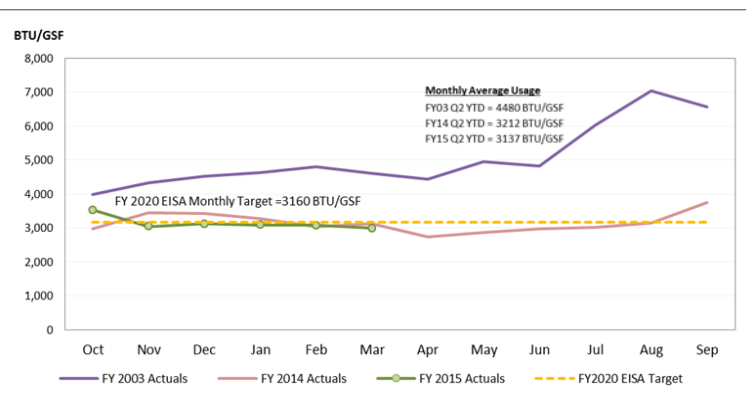
## Schwartz Water Usage - Base & Current Year



## Schwartz Recycling - Quarterly



## Schwartz Energy Usage - Base & Current Year

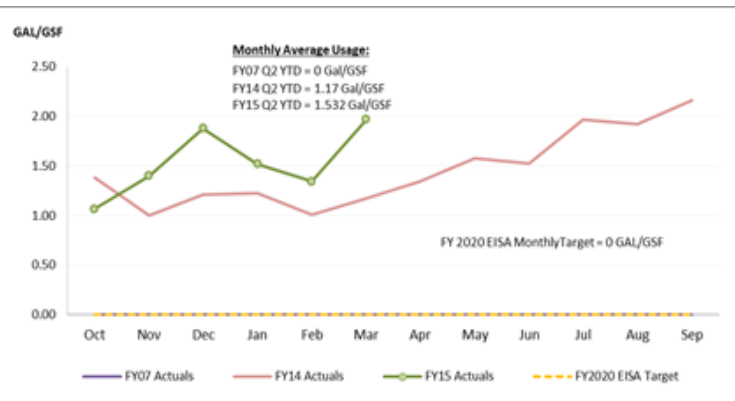


## Schwartz Sustainability—By the Numbers

Executive order 13514 set sustainability goals for Federal agencies to improve their environmental and energy performance by 2020. This includes improvements in water efficiency (26%), energy efficiency (37.5%) and recycling (50%). With your help we can meet this challenge by making simple and conscientious everyday sustainable decisions.

-6%	Percentage change in water usage from last quarter.
11%	Percentage point change in waste diversion rates from last quarter.
2%	Percentage change in energy usage from last quarter.

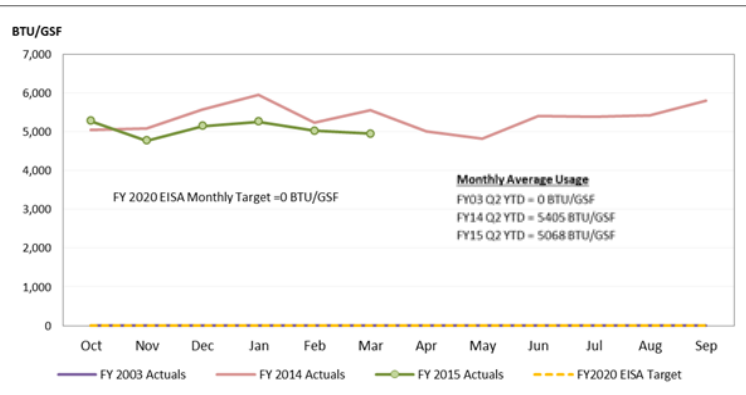
## Carter-Keep Water Usage - Base & Current Year



## Carter-Keep Recycling - Quarterly

Data Currently Unavailable for this Building

## Carter-Keep Energy Usage - Base & Current Year



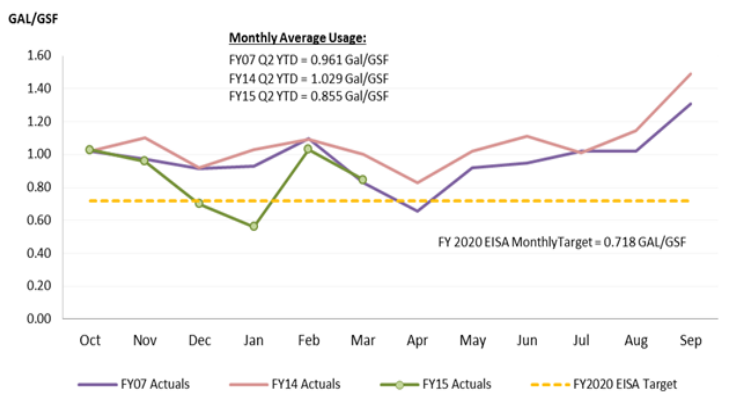
## Carter-Keep Sustainability—By the Numbers

Executive order 13514 set sustainability goals for Federal agencies to improve their environmental and energy performance by 2020. This includes improvements in water efficiency (26%), energy efficiency (37.5%) and recycling (50%). With your help we can meet this challenge by making simple and conscientious everyday sustainable decisions.

0%	Percentage change in water usage from last quarter.
11%	Percentage point change in waste diversion rates from last quarter.
0%	Percentage change in energy usage from last quarter.



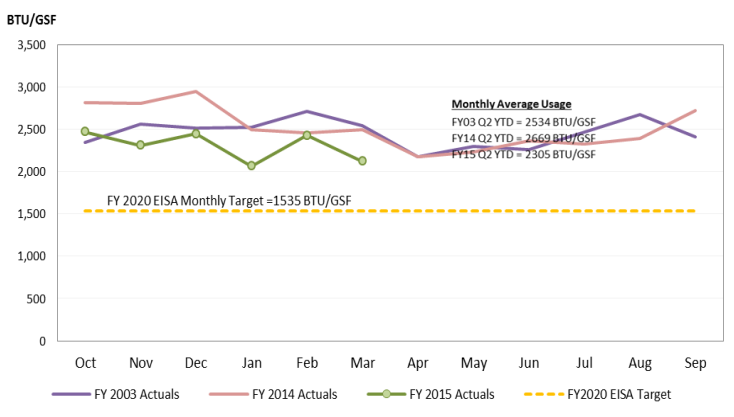
## Weinberger Water Usage - Base & Current Year



## Weinberger Recycling - Quarterly

Data Currently Unavailable for this Building

## Weinberger Energy Usage - Base & Current Year



## Weinberger Sustainability—By the Numbers

Executive order 13514 set sustainability goals for Federal agencies to improve their environmental and energy performance by 2020. This includes improvements in water efficiency (26%), energy efficiency (37.5%) and recycling (50%). With your help we can meet this challenge by making simple and conscientious everyday sustainable decisions.

-8%

Percentage change in water usage from last quarter.

-9%

Percentage point change in waste diversion rates from last quarter.

0%

Percentage change in energy usage from last quarter.

## How to Stay Cool in the Summer Heat

Is the hot, hot, heat giving you the blues? If so, here are a few tips for staying safe and cool this Summer.

1. Stay hydrated - Adults should drink between 2 to 3 liters of water daily to avoid dehydration. Coconut water and sports drinks are a good source of electrolytes. Avoid alcohol and caffeine as they promote dehydration.
2. Dress appropriately - Wearing a three piece wool suit in 80 degree weather is probably not the best idea. Instead, wear light colored (white reflects heat) and loosely-woven fabrics (cotton and silk). Consider also wearing a hat and sunscreen if you plan on being outdoors.
3. AC is your friend - If at all possible stay indoors in air-conditioned building, library or coffee shop. If you do not have AC at home, many cities offer air conditioned shelters for you to use.
4. Plan ahead - If you intend to do exercise or other demanding physical activities, try to schedule them early or later in the day. Avoid strenuous exercise during the hottest times of the day. If unavoidable, use the buddy system, look out for each other and take frequent shade breaks.
5. Be a pal - Young children, older adults and people with some health conditions are at higher risk of dehydration and heat stroke. Be a pal and ensure they are staying cool, well hydrated and comfortable. Remember to never leave children or pets alone in closed cars.
6. Listen to your body - If you experience heavy sweating, headaches, and dizziness go to a cool place, drink water and monitor your condition. If you start vomiting or losing consciousness, call 911 for immediate medical attention.



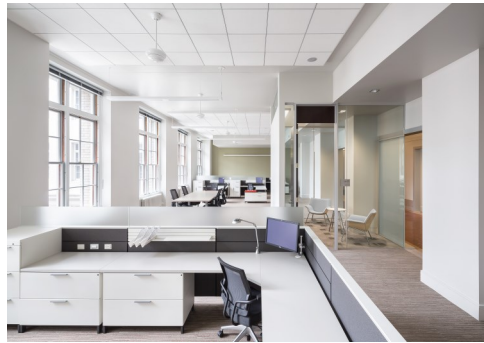
## Around the building



### Parking Garages

When thinking of parking lots, one normally does not think of potential hazards associated with it. Parking lots are designed for vehicles and not pedestrians. Therefore, hazards are everywhere. The National Safety Council's Journal of Safety Research reported 2,057 work-related deaths on company parking lots between 1993 and 2003. Both pedestrians and drivers should view parking lots as if they were streets and intersections. After all, they do have set speed limits and have the same traffic markings to indicate traffic patterns. The speed limit in the Schwartz & Carter-Keep parking garage is 5 miles per hour. Please be cautious and comply with posted signs.

## Ready to Transform your Workplace?



GSA's Workplace Transformation program is helping government agencies everywhere reduce rental costs, increase productivity and create sustainable, modern workplaces. We recently transformed our regional office, where we have created an open environment that fosters collaboration, productivity and communication. Click on the picture above or go to <http://goo.gl/Ht1cx3> to watch a short video of our space transformation.

We have the technical expertise and resources to help transform your office workspace too. We'll work with you to develop requirements and customize solutions to meet your office's unique

workplace needs. Some of the services we provide are:

- In-house or contract workplace expertise
- Requirements development experience
- Planning, design and construction services
- A suite of online tools, backed by a nationwide network of experts
- Governmentwide contracts with commercial firms for design, layout, systems furniture, change management and information technology services.

Several funding options are available to federal agencies interested in the Workplace Transformation program. The FIT (Furniture & Information Technology) program allows agencies to lease furniture and information technology for 5 and 3 year terms respectively. For more information about how GSA can help you "right-size" your workplace, please visit [www.gsa.gov/rqworkplace](http://www.gsa.gov/rqworkplace) or send us an email at [rqworkplace@gsa.gov](mailto:rqworkplace@gsa.gov).

## Message from the Building Managers

### GSA Building Manager Functions relocated to Carter-Keep CH

Just when you think you have things figured out, you realize you don't. As many of you have probably figured out, the GSA Building Management Office for Schwartz has been relocated to the 10th floor at Carter-Keep Courthouse. Parking permits, parking complaints, conference room scheduling and keys, after hours work permits, key check-out, contractor badging and anything else involving GSA Property Management will now be handled at the new location.

### Schwartz Corridor Door Refinishing Project

Many of the doors in the hallway are gouged, dinged, scratched, and chipped. We are currently undertaking a project to refinish the doors of the Schwartz Federal Building and Courthouse. Most of the work will be accomplished after hours and on the weekends. We are only working on the public side of the doors. If you have any questions, contact the Project Manager Charles Areizaga at 619-557-5804.

### Tenant Improvement Projects

Construction continues on the expansion space the US Attorney's Office on the 4th floor. Our contractor, West Coast General is working mostly after hours. The second project will build out spaces on the first, second and third floors for the Department of Homeland Security. Hensel Phelps is the General Contractor for this tenant improvement. This project will be on-going for approximately 2 years. Another project is the relocation of Senator Feinstein's office from the 3rd floor to the 4th floor. This project will be completed by mid-July.

The project to remove the failing escalator will begin this summer. It was decided to simply remove them completely. We hope to have a new contractor soon.

With any construction project, there will undoubtedly be some issues, but we are working diligently to keep disruptions and inconveniences to a minimum. If you have any concerns related to any construction going on in the building, please contact Regina or Chelsea.

## CONTACT INFORMATION

**Peter Watson – Senior Property Manager**  
Phone: (619) 557-5337  
Email: [pete.watson@gsa.gov](mailto:pete.watson@gsa.gov)

**Jason Kayne - Deputy Senior Property Manager**  
Phone: (619) 557-2632  
Email: [jason.kayne@gsa.gov](mailto:jason.kayne@gsa.gov)

**Regina Willis - Building Manager**  
Phone: (619) 557-6557  
Email: [regina.willis@gsa.gov](mailto:regina.willis@gsa.gov)

**Chelsea Astruc - Building Manager**  
Phone: (619) 696-2810  
Email: [chelsea.astruc@gsa.gov](mailto:chelsea.astruc@gsa.gov)

**GSA Customer Service Desk**  
Phone: (619) 557-6564

**FPS Denver Megacenter Emergency Line**  
Phone: 1 (877) 437-7411